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## Effects of Chronic Environmental and Social Stimuli during Adolescence on Mesolimbic Dopaminergic Circuitry Markers

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### Abstract

Previously, we have shown that chronic exposure to environmental and social stimuli (ESS) during adolescence prevents the development of behavioral sensitization to amphetamine in adult rats. At the onset of the peripubertal-juvenile period (28-d) male rats were subjected to a 28-d long intermittent ESS protocol or handled as controls (NO-ESS). Twenty-four hours after the last session of ESS or NO-ESS, all rats started a regimen of behavioral sensitization to amphetamine (1 mg/kg, i.p.), in which rats were injected every third day with amphetamine or saline on four occasions. Then following one week abstinence all rats were challenged with a lower dose of amphetamine (0.5 mg/kg, i.p.) and their locomotor activity monitored for two hours. Our results showed that while NO-ESS rats developed behavioral sensitization to amphetamine, ESS rats did not develop this behavior. All rats were then sacrificed 3 days following the challenge to allow for amphetamine clearance.

Since mesolimbic dopamine has been implicated in behavioral sensitization to amphetamine we compared messenger RNA (mRNA) expression of key dopamine-related molecules in the mesolimbic circuitry in ESS and NO-ESS rats. A decrease in dopaminergic D1 receptor (D1R) gene expression in the caudate-putamen (CPu) was associated with amphetamine sensitization in the controls, possibly as a result of a chronic increase in DA release. In contrast, amphetamine treatment did not modulate D1R mRNA levels in ESS rats. No change has been detected in any other dopaminergic markers [D2R, D3R, tyrosine hydroxylase (TH) or dopamine transporter (DAT) mRNAs]. Consequently, we conclude that ESS may inhibit the development of behavioral sensitization to amphetamine through preventing the decrease in CPu D1R mRNA levels.

### Introduction

Adolescence is the peak period in the human life span for development of addiction to various drugs. Biological as well as environmental factors experienced during development -such as sensory and environmental stimuli- play a major role in determining drug abuse vulnerability. Previous reports have shown that rats raised in impoverished environment have greater vulnerability to abuse drugs when compared to rats raised in social or enriched environments [1,3,12,13,30]. But, to our knowledge, there are no studies in rodents that have specifically explored adolescence as a critical developmental period where increased social interactions and exposures to novel environments may protect against drug taking behavior during adulthood. The incentive-sensitization theory of addiction states that addictive behavior is the

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consequence of progressive and persistent neuroadaptations caused by repeated drug use [22, 23]. Repeated intermittent administration of psychostimulants, such as amphetamine and cocaine, results in a progressive and long-lasting enhancement of behavioral responses elicited by a subsequent challenge injection of these drugs, which is the phenomenon termed behavioral sensitization. Behavioral sensitization to psychostimulants is thought to be relevant to addiction in humans because of the assumption that the neural substrate that mediates these effects is the same as, or at least overlaps with, the neural substrate responsible for the reinforcing effects of drugs [34].

A large body of literature implicates the mesolimbic dopaminergic (DA) circuitry in the development and the expression of behavioral sensitization to amphetamine [20,25,29]. The development of behavioral sensitization to amphetamine requires the action of this drug on DA cell bodies in the ventral tegmental area (VTA) [6,20,32]. The expression of behavioral sensitization to amphetamine is believed to occur at the level of the nucleus accumbens (NAc) where DA terminals are located [6], in part through an increase in DA release in this area [16,17,24]. In the current study, we have investigated mRNA regulation of genes modulating dopaminergic neural transmission in response to amphetamine treatment in the brain regions constituting the classic mesolimbic circuitry.

In a previous study we showed that rats subjected to 28 days of ESS during adolescence do not develop behavioral sensitization to amphetamine when compared to NO-ESS rats ([15]; figure 1A). Using the brain tissue from the 2002 study, we investigated changes in DA circuitry that may be the underlying mechanism(s) for the differences in the expression of behavioral sensitization between ESS and NO-ESS conditions. Specifically, we screen for changes in D1, D2 and D3 DA receptors, TH, and DAT mRNAs in the VTA, the NAc (shell and core), the CPu and the substantia nigra (SN) after repeated amphetamine or saline injections following a 28-d regimen of ESS or NO-ESS.

## Materials and methods

Thirty-two 21-d old male Sprague-Dawley rats (Charles River, Wilmington MA) were used in this study. Upon arrival, rats were housed four per cage, and kept on a 12h-12h light-dark cycle (lights on at 07.00 a.m.). Food and water were available *ad libitum*.

After 7 days of habituation to the housing conditions, 16 rats were subjected to a 28-day intermittent, ESS regimen consisting of five randomly assigned environmental or social stimuli. The other 16 rats were subjected to 1 min of handling every day for 28 days (NO-ESS). The exposure to ESS fell under a period roughly defined as the peripubertal-juvenile period (postnatal day 28-56). The day after the last ESS or NOESS sessions, rats were given 1 hr to habituate to the locomotor chambers before they get an injection of D-amphetamine sulfate (1 mg/kg, i.p.), or saline (1ml/kg, i.p.). Their locomotor response was recorded for 2 hrs individually. This procedure was repeated another 4 times at 3-d intervals. Following this treatment, to check for the expression of behavioral sensitization, all rats were challenged with a lower dose of D-amphetamine (0.5 mg/kg, i.p.) one week after the last drug treatment, and their locomotor response was monitored for 2 hrs. This protocol of intermittent injections was shown to induce strong behavioral sensitization [11,21,33]. Animals were sacrificed 3 days after the challenge test at 8:00 am in stress free conditions. The brains were immediately removed and frozen in isopentane cooled to -40°C. The brains (n=5 per group) were then sectioned on a Bright-Hacker cryostat and 14- $\mu$ m-thick coronal sections were mounted on polylysine-subbed slides. These slides were kept at -80°C until processed for *in situ* hybridization.

## ESS protocol

Rats were subjected to one of the following randomly assigned ESS per day for 2 hours for 28 days: *Brief isolation* (animals were individually transferred into cages similar to home cages), *novel environment* (pairs of littermates were randomly introduced to novel environments that consist of boxes with different geometric shape), *crowding* (all animals in the ESS group were placed in one cage but as the animals grew in size, they were divided into two cages to avoid overcrowding), *litter shifting* (pairs of littermates were transferred to the home cages of same aged resident rats) and *subordination* (pairs of littermates were transferred to the home cages of pairs of older (8-months old) resident rats).

## Drug

D-amphetamine sulfate was purchased from Sigma CO (St Louis). It was dissolved in 0.9% saline solution. The volume of injection was 0.1 ml per 100 g of body weight.

## *In situ* hybridization histochemistry

As described previously [14], brain sections were fixed in 4% paraformaldehyde for 1 h, followed by 3 washes in 2×saline sodium citrate. The sections were then placed in a solution containing acetic anhydride (0.25%) in TEA (0.1 M, pH 8) for 10 min at room temperature, then rinsed in distilled water and dehydrated through graded alcohols. After air-drying, the sections were hybridized overnight with <sup>35</sup>S-labeled cRNA probe. The D1, D2, D3, TH, DAT probes were 460 base pairs (bp), 495 bp, 326 bp, 300 bp and 529 bp respectively. The D1, D2 and D3 DA receptor probes were constructed by Dr. O. Civelli. The TH and DAT probes were cloned in Drs. Akil and Watson labs. Following hybridization, the coverslips were removed and the sections rinsed and washed twice in 2×SSC for 5 min each, then incubated for 1 h in RNase at 37°C. The sections were washed in increasingly stringent solutions of SSC, 2×, 1× and 0.5×, for 5 min each, followed by incubation for 1 h in 0.1×SSC at 65°C. After rinsing in distilled water, the sections were dehydrated through graded alcohols, air-dried and exposed to a Kodak XAR film (Eastman Kodak, Rochester, NY, USA). The DAT and TH probes were exposed to X-ray films (Eastman Kodak, Rochester, NY) for 3 days. The D1 and D2 probes were exposed for 5 days, and the D3 probe was exposed for 10 days.

## Quantification of the radioactive signal

Optical density measurements were sampled from templates made for each brain region from both hemispheres and in rostro-caudal direction (figure 2). D1R mRNA was quantified in the CPu, the core and shell of the NAc. D2R mRNA was quantified in the CPu, the core and shell of the NAc, the VTA and the SN. D3R mRNA was quantified in the whole NAc. DAT mRNA and TH mRNA were quantified in the VTA and the SN (figure 2). For all the probes, 8 sections per region per rat were sampled. Optical density values were corrected for background and then averaged to produce one data point for each brain region for each animal. These data points were averaged per group and compared statistically. Optical densities measurements were quantified from X-ray film using National Institute of Health Image software.

## Statistics

The mRNA expression results were analyzed with a two-way ANOVA. Saline vs. amphetamine was one between groups factor (treatment), NO-ESS vs. ESS (condition) was the other between groups factor. A simple regression analysis was conducted between the levels of D1 mRNA in the CPU and the locomotor activity on the amphetamine challenge day.

The statistical analyses for the behavioral data were described in the previous publication [15].

## Results

A two-way ANOVA conducted on the integrated optical density for mRNA levels revealed a significant treatment effect for D1 DA receptor in the CPu [ $F(1,16)=7.20$ ,  $p=0.01$ ], whereas there was no significant condition effect detected [ $F(1,16)=1.33$ ;  $p=0.26$ ]. Moreover, there was a significant interaction between treatment  $\times$  condition [ $F(1,16)=5.68$ ,  $p=0.02$ ]. Post-hoc Fisher comparisons showed that the amphetamine NO-ESS group exhibited significantly lower levels of D1 mRNA in the CPu when compared to the other 3 groups ( $ps<0.01$ ). There were no other significant effects for D1 mRNA in the core, D1 mRNA in the shell; D2 in the CPu; D2 in the core, D2 in the shell; D2 in the VTA, D2 in the SN; D3 in the NAc; DAT in the VTA; DAT in the SN; TH in the VTA and TH in the SN (table 1; fig. 1b; fig. 3). Finally, there was no correlation between D1 mRNA levels in the CPU and locomotor activity to the low dose amphetamine challenge ( $r=0.08$ ,  $p=0.20$ ).

## Discussion

Our previous study showed that ESS during adolescence blocked the expression of behavioral sensitization to amphetamine (figure 1A). Our present results show that ESS rats do not exhibit the decrease in CPu D1 receptor mRNA levels that accompanies behavioral sensitization to amphetamine observed in the NO-ESS controls rats (table 1; fig. 1b; fig. 3). These results suggest that D1 receptor in the CPu may be implicated in behavioral sensitization to amphetamine, and that the ESS pre-exposure may block this effect.

The dorsal striatum is classically considered as the “motor striatum”, and its possible role in behavioral sensitization has generally been minimized. It is becoming apparent that the caudate plays a role in complex psychological function. There is evidence of the role that the dorsal striatum plays during both amphetamine abstinence and during the expression of behavioral sensitization. Some authors reported no change in basal DA in the NAc [7,8,19,27,35], but a transient decrease in DA release in the CPu during amphetamine abstinence. For example, Paulson and Robinson (1996) pre-treated rats with escalating doses of amphetamine, after which the rats abstained from amphetamine for 3, 7 or 28 days. These investigators showed a decrease in DA and DA metabolites during early part of abstinence in the CPu but not in the NAc. After 28 days, basal DA in the CPu returned to normal, however there was an increase in basal DA metabolism in both the CPu and the NAc. Using a similar protocol but studying DA release after amphetamine challenge during expression of behavioral sensitization at 28 days, the same investigators reported an increase in DA release in both the CPu and the NAc in sensitized rats [18]. In the current study we show a decrease in the D1 mRNA specifically in the CPu after amphetamine treatment in the sensitized NO-ESS but not in the ESS group, which in turn show a behavioral inhibition to amphetamine. We propose that the decrease in the D1 mRNA in the CPu in sensitized rats is possibly mediated by an increase in DA release in the CPu. Present findings are in agreement with those of Paulson and Robinson (1995, 1996) in that, unlike the mainstream view, the CPu is critically implicated in the expression of behavioral sensitization to amphetamine. Thus the dorsal striatum may be involved in complex psychological function, which needs to be explored further.

In contrast, the decrease in D1 mRNA after behavioral sensitization to amphetamine in the sensitized NO-ESS rats did not occur in the ESS rats. Additionally, this group did not exhibit expression of behavioral sensitization to amphetamine. Although it is beyond the scope of this study to establish a causal relationship between the decrease in D1 mRNA in the CPu and the expression of behavioral sensitization to amphetamine, we suggest that DA activity via its D1 receptor in the CPu may be important in the expression of behavioral sensitization to amphetamine, which may be blocked by our ESS regimen during adolescence.

Although individual components of the ESS regimen are commonly employed as stress paradigms in the literature (e.g., isolation, crowding, subordination), what we have seen is that the combined ESS paradigm evokes a classic enrichment-like effect. It is known that although social encounters such as subordination are highly stressful and considered as “negative” experiences in adult animals, they may be rewarding in juveniles in specific contexts. For example, rough-and-tumble play behavior in juvenile animals induce positive social affect, and is rewarding [5], however it also induces secretion of glucocorticoids in juvenile animals resembling that of stressors [31]. Juvenile rats that were reared in enriched conditions display heightened locomotor activity to acute amphetamine, and in turn are less sensitive to repeated amphetamine [2]. We observed a similar inhibition in the expression of amphetamine sensitization, hence our ESS paradigm may be uniquely tapping into the “protective” pathway in the mesolimbic circuitry in a way similar to classic enrichment paradigms do. One plausible explanation presented in the literature for inhibited dopaminergic neurotransmission and behavioral effects in response to psychostimulants in enriched juvenile rats is a decrease in dopamine transporter function and decreased dopamine metabolism in the prefrontal cortex [36]. This is a hypothesis to be tested in the current ESS paradigm.

Glucocorticoid-dopamine interaction is a potential mechanism by which ESS causes an inhibition of behavioral sensitization to amphetamine. Shmidt et al., [26] reported that the expression of behavioral sensitization require the activation of glucocorticoid receptors (GR). Interestingly, corticosterone has been shown to modulate dopaminergic transmission through mesolimbic GR (for review see Piazza *et al.*, 1996), and repeated injections of amphetamine were shown to down regulate hippocampal GR [28]. In fact, GR-mediated facilitation of striatal DA neurotransmission by way of an increase in the level of D1 receptor mRNA and protein in the striatum during behavioral sensitization to psychostimulants [4,9,10]. In the case of NO-ESS, amphetamine may render DA neurons of the CPU hyperactive towards CORT, and elevated DA levels may down regulate the post-synaptic D1 receptors. In the ESS however, the down regulation of CPu GR may counteract the normally-occurring blunting effect of amphetamine on D1 mRNA in the CPu observed during behavioral sensitization. Thus, we hypothesize that in ESS rats, less GR in the striatum may lead to a low sensitivity of these neurons to CORT, leaving D1 receptor levels unchanged. This hypothesis of course needs further investigations as many other factors (like growth factors) may be implicated.

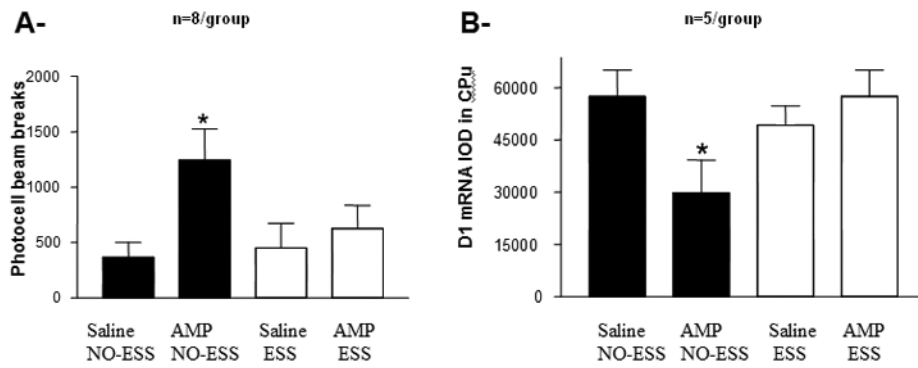
To our knowledge this is the first comprehensive study to investigate the effects of chronic ESS during adolescence on the induction and expression of behavioral sensitization to amphetamine and its effects on the DA circuitry. These data further pave the way for understanding conditions where chronic ESS may result in a compensatory effect on the adaptive changes in the DA circuitry after psychostimulant administration especially during adolescence.

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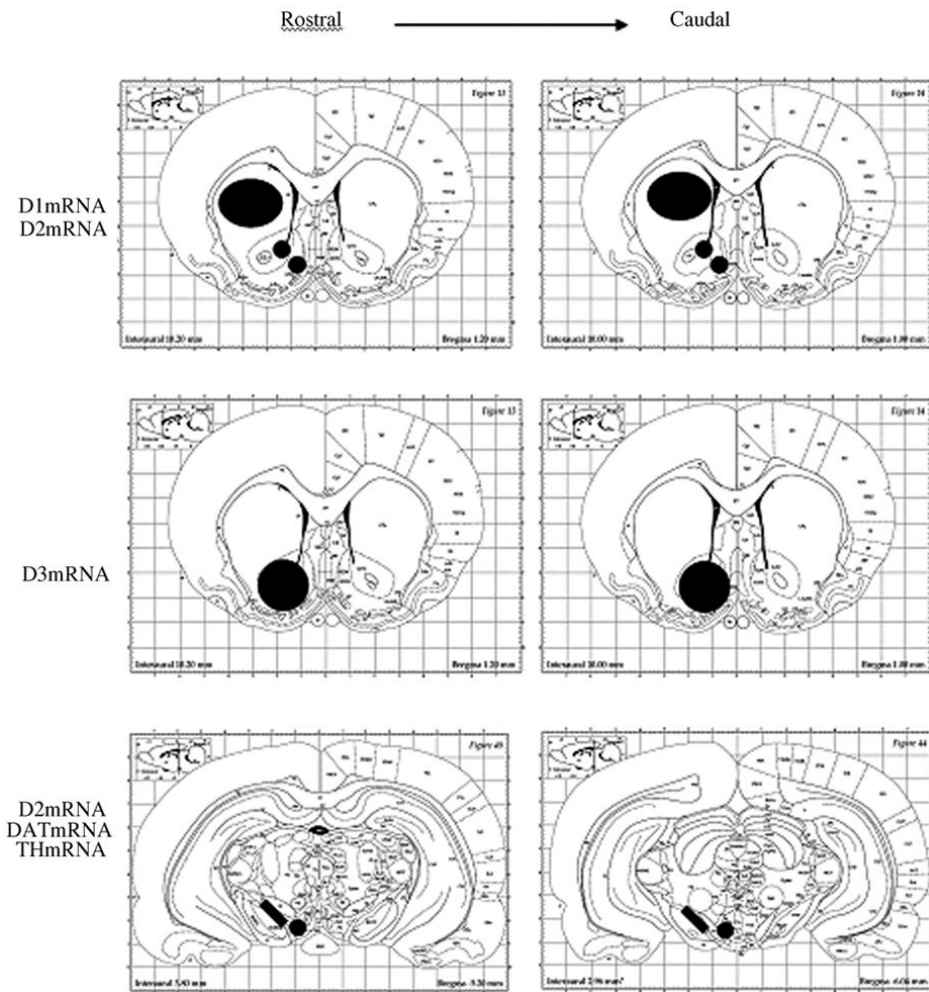
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**Figure 1.**

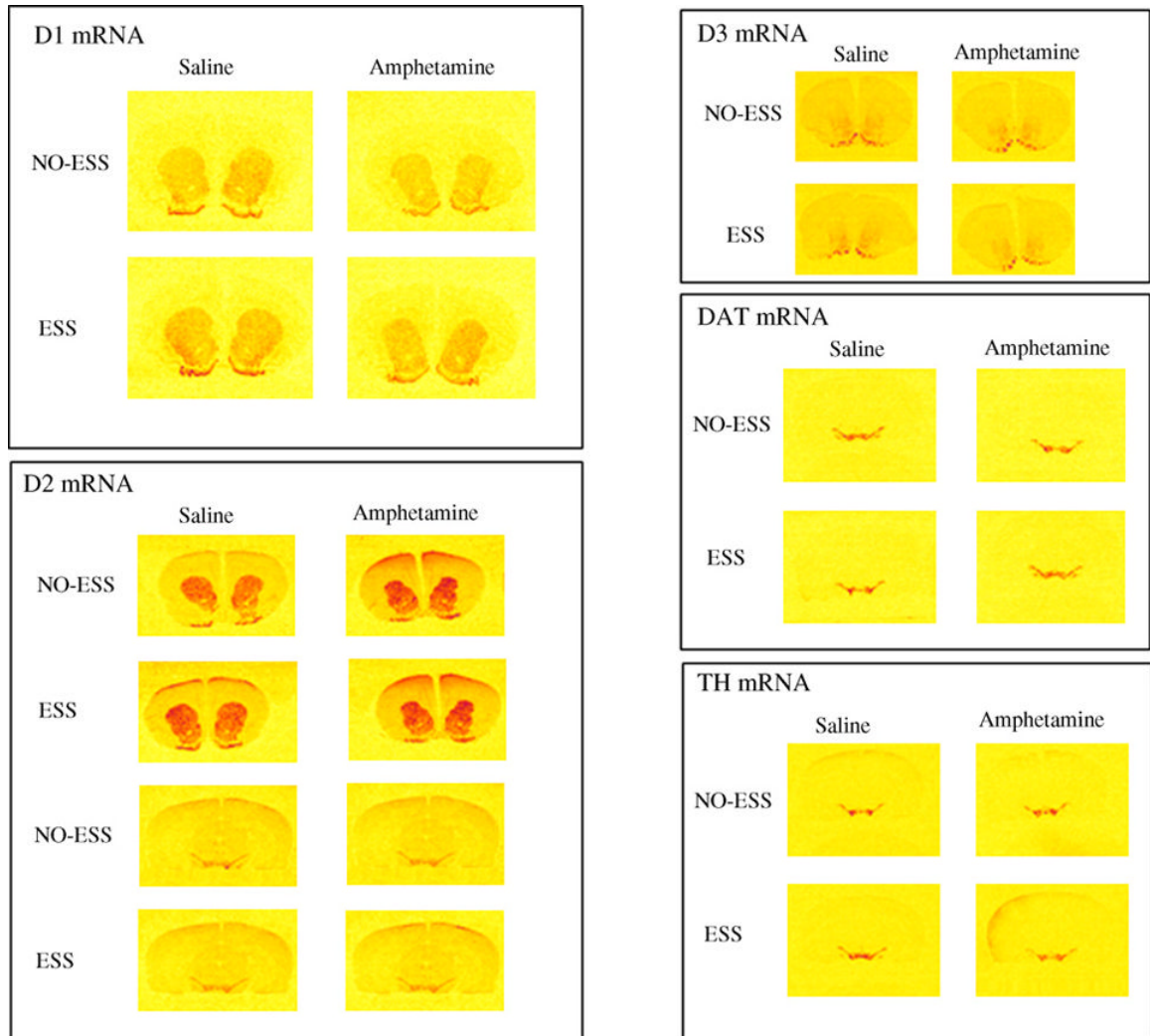
(A) modified figure from Kabbaj et al, 2002 showing that only control rats exhibit behavioral sensitization to amphetamine. ESS rats do not exhibit behavioral sensitization to the same drug.  $*=p < 0.05$  when compared to their respective saline pre-trained controls. (B) Control rats that exhibit behavioral sensitization to amphetamine show a decrease in D1 mRNA expression; ESS rats that do not exhibit sensitization to amphetamine do not show the decrease in D1 mRNA expression.  $*=p < 0.05$  when compared to their respective saline pre-trained controls.





**Figure 2.**

Location of templates used to sample optical density measurements within specific brain regions in each animal. The CPU and Acb sections were sampled from bregma +1.2mm rostrally to bregma +1.0 mm caudally according to Paxinos and Watson rat brain Atlas. The VTA and SN sections were sampled from bregma -5.2 rostrally to bregma -6.04 caudally according to the same Atlas.



**Figure 3.** Color-enhanced pictures constructed from section images of x-ray films showing *in situ* hybridization with antisense cRNA probes against D1, D2, D3, DAT and TH mRNAs.

**Table 1**

Optical density of the radioactive signal for D1, D2, D3, DAT and TH mRNAs in specific brain regions of amphetamine NO-ESS, amphetamine ESS, saline NO-ESS and saline ESS. Data are expressed as mean  $\pm$  standard errors.

	<b>AMPH NO-ESS (n=5)</b>	<b>AMPH ESS(n=5)</b>	<b>Saline NO-ESS (n=5)</b>	<b>Saline ESS (n=5)</b>
<b>D1 mRNA CPu</b>	<b>29739 <math>\pm</math> 9513*</b>	<b>55235 <math>\pm</math> 6604</b>	<b>57440 <math>\pm</math> 7572</b>	<b>49193 <math>\pm</math> 5546</b>
<b>D1 mRNA Core</b>	17921 $\pm$ 1716	17483 $\pm$ 1993	14974 $\pm$ 3455	14786 $\pm$ 2182
<b>D1 mRNA Shell</b>	20823 $\pm$ 2365	25709 $\pm$ 2024	19149 $\pm$ 3912	18413 $\pm$ 3249
<b>D2 mRNA VTA</b>	37685 $\pm$ 2508	39278 $\pm$ 3208	41820 $\pm$ 39615	40874 $\pm$ 3527
<b>D2 mRNA SN</b>	21960 $\pm$ 1967	22893 $\pm$ 1658	20550 $\pm$ 5822	21873 $\pm$ 2274
<b>D2 mRNA CPu</b>	293188 $\pm$ 33292	278171 $\pm$ 26233	317491 $\pm$ 35180	256768 $\pm$ 40118
<b>D2 mRNA Core</b>	81221 $\pm$ 10217	79341 $\pm$ 15317	83424 $\pm$ 13224	80224 $\pm$ 14114
<b>D2 mRNA Shell</b>	107395 $\pm$ 31037	90800 $\pm$ 22166	111057 $\pm$ 29521	104932 $\pm$ 29944
<b>D3 mRNA Acc</b>	78229 $\pm$ 18954	73519 $\pm$ 15518	69807 $\pm$ 14704	71385 $\pm$ 7919
<b>DAT mRNA VTA</b>	47357 $\pm$ 4301	49085 $\pm$ 8725	46726 $\pm$ 8905	47430 $\pm$ 5778
<b>DAT mRNA SN</b>	28660 $\pm$ 1433	31848 $\pm$ 3285	31280 $\pm$ 3568	33063 $\pm$ 4986
<b>TH mRNA VTA</b>	37248 $\pm$ 4033	41682 $\pm$ 1790	37123 $\pm$ 4668	43341 $\pm$ 5561
<b>TH mRNA SN</b>	19620 $\pm$ 1925	21414 $\pm$ 1083	19846 $\pm$ 1816	20094 $\pm$ 2900

\*= $p < 0.05$ .