

FIRST BAPTIST CHURCH  
TALLAHASSEE, FLORIDA

**2011 DEACON RETREAT**  
**February 4-5, 2011**

ADVENT CHRISTIAN VILLAGE CONFERENCE CENTER  
DOWLING PARK, FLORIDA

FRIDAY, February 4:

5:30 P.M. (Eastern Standard Time) Check In

6:00 P.M. Dinner

6:30 P.M. – 7:30 P.M. SESSION I

7:30 P.M. – 7:45 P.M. BREAK

7:45 P.M. – 8:45 P.M. SESSION II

REFRESHMENTS AND FELLOWSHIP

SATURDAY, February 5

8:00 A.M. Breakfast

9:00 A.M. – 10:00 A.M. SESSION III

10:00 A.M. – 10:15 A.M. BREAK

10:15 A.M. – 11:15 A.M. SESSION IV

11:15 A.M. – 11:30 A.M. BREAK

11:30 A.M. Lunch

**See other side for list of registrants and roommate selections**

# BODY PARTS

## *Creating and being a healthy congregation*

*Deacon Retreat*

*FBC Tallahassee FL*

*February 4-5, 2011*

What does a **Healthy Congregation** look like?

Like the human body, the Body of Christ is composed of various parts that work in conjunction with one another. Christ is the head of the body (Eph. 5:23), and we are all members of his body. Paul uses this body metaphor throughout his writings (Romans 12:4-8, 1 Corinthians 12: 12-31, Ephesians 4:1-16) to describe the great diversity and value of each part of the Body.

A healthy human body works in harmony to navigate life. Heart, lungs, brain, nerves, bones, senses, etc. all have a unique and discreet function that is essential to a life that is pain-free and enjoyable. Let one member of the human body malfunction, and discomfort and despair are likely to follow.

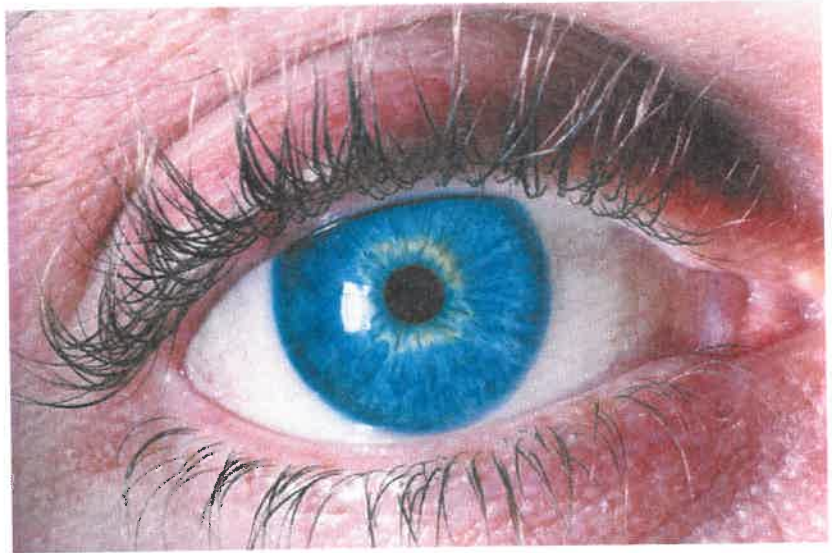
If this is true for the human body, what about the Body of Christ?

There are many parts of the Body described in scripture: feet, head, heart, neck, mind, mouth, knees, etc. Here are 4 key body parts for a church. The activity/function they describe is essential for a congregation to be healthy.



## EYES:

### A Clear Understanding of Mission and Vision



- **Mark 8:18**  
Do you have eyes, and fail to see? Do you have ears, and fail to hear? And do you not remember?
- **Acts 28:27**  
For this people's heart has grown dull, and their ears are hard of hearing, and they have shut their eyes; so that they might not look with their eyes, and listen with their ears, and understand with their heart and turn— and I would heal them.'
- **Ephesians 1:18**  
so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints,
- **Acts 16:9**  
During the night Paul had a vision: there stood a man of Macedonia pleading with him and saying, "Come over to Macedonia and help us."
- **Acts 2:17**  
"In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams.



## HANDS:

### The ability to manage Conflict positively

**Acts 12:1** About that time King Herod laid violent hands upon some who belonged to the church.

**Hebrews 12:12** Therefore lift your drooping hands and strengthen your weak knees,

**Acts 13:3** Then after fasting and praying they laid their hands on them and sent them off.

**Matthew 18: 15-17** If another member of the church sins against you, go and point out the fault when the two of you are alone. If the member listens to you, you have regained that one. But if you are not listened to, take one or two others along with you, so that every word may be confirmed by the evidence of two or three witnesses. IF the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to

the church, let such a one be to you as a Gentile and ad tax collector.

**Ephesians 4:31-32** Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.

## EARS:

## Effective Communication

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- **Matthew 13:15**

For this people's heart has grown dull, and their ears are hard of hearing, and they have shut their eyes; so that they might not look with their eyes, and listen with their ears, and understand with their heart and turn— and I would heal them.'

- **James 1:19**

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger;

- **John 16:13**

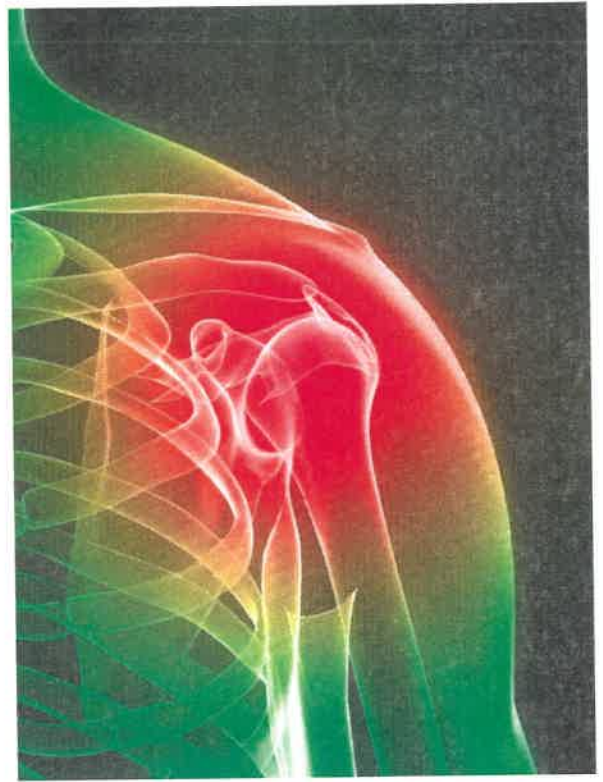
When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come.

- **Ephesians 4:25**

So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another.

- **Ephesians 4:15**

But speaking the truth in love, we must grow up in every way into him who is the head, into Christ,



**SHOULDERS:**

## Community that is genuine

- **Galatians 6:2 NRSA**

Bear one another's burdens, and in this way you will fulfill the law of Christ.

- **Matthew 23:4 NRSA**

They tie up heavy burdens, hard to bear, and lay them on the shoulders of others; but they themselves are unwilling to lift a finger to move them.

- **1 John 1:7 NRSA**

but if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.