



Further your dreams with a fellowship

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Motivation to pursue an advanced degree and focus of research

I decided to pursue a graduate degree because of my interest in understanding health disparities and chronic diseases such as diabetes, hypertension, and high cholesterol. Using multiple indicators and biomarkers of chronic diseases, I plan to add to provide information about how specific nutrients and related foods influence health (as a part of a comprehensive and novel approach). My research is important because of the impact that nutrition has on people living with chronic diseases and/or those who have a high risk for chronic diseases. I hope to decrease health disparities by educating underserved populations about chronic diseases, prevention, and health support services.

Impact of Fellowships and Awards on Graduate Education

The McKnight Dissertation Fellowship has allowed me to obtain experiences and the skills needed for a future in research as a postdoctoral scholar. I plan to continue research studies on the health of disadvantaged groups and underserved populations and the attenuation of health disparities.

